Dishes and Their Allergen Content - Week2

■ Contains

O May Contain

	Wheat	Rye	Oats	Barley	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Hazelnuts	Cashew Nuts	Brazil Nuts	Almonds	Nuts	Sulphur Dioxide & Sulphites	Soya	Sesame	Peanuts	Mustard	Molluscs	Milk	Lupin	Fish	Eggs	Crustaceans	Cereals Containing Gluten	Celery
Chocolate Shortbread **16.7g**	■																								■	
Cooking and Baking 129273																										
Sugar 114961																										
Plain Flour 100222	■																								■	
Tomato Pasta **13.90g Estimated**	■														O			O		■					■	
Pasta 89179	■														O			O							■	
Tomato Passata 136958																										
Mixed Herbs 33590																										
Chick Peas 13609																										
Cheese 71951																				■						
Jumbo Fish Fingers 124213 **11.48g**	■																	■		■		■			■	
Halal Chicken Sausage 105850	■													■											■	

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	Wheat	Rye	Oats	Barley	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Hazelnuts	Cashew Nuts	Brazil Nuts	Almonds	Nuts	Sulphur Dioxide & Sulphites	Soya	Sesame	Peanuts	Mustard	Molluscs	Milk	Lupin	Fish	Eggs	Crustaceans	Cereals Containing Gluten	Celery
Cheese Whirls 42.23g	■																	■		■			■		■	
Cheese 71951																				■						
Mustard 115053	■																	■							■	
Cooking Onions																										
Free Range Eggs																							■			
Ground White Pepper, Parsley																										
Potatoes – prepared Celavita 10541																										
Puff Pastry 4303	■																								■	
Tomatoes, Fresh																										
Ginger Sponge Cake 26.47g	■																						■		■	
Baking Powder 35023	■																								■	
Free Range Eggs																							■			
Sugar 114961, Ground Ginger 33583																										
Plain Flour 100222	■																									
Rapeseed oil 33568																										
Sweet Potato Orange 10449																										
Bicarbonate of Soda 33596																										
Vanilla Flavouring 86874																										
Custard 6.3g																				■						
Sugar 114961																										
Milk Powder 13573																				■						
Custard Powder 85842																										
Pizza 113594 24.02g	■		O	O											O					■					■	
Chips 36141 22g																										
Peas 4599 2.8g																										

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Chicken Bites 30011 **6.6g**	■																								■	
Smiley Faces McCain 350012 **28g Estimate**																										
Baked Beans 28758 **9.8g**																										
Vegetable Nuggets 146280 14.25g	■																								■	
Fruit Smoothie 32574 Raspberry **15.2g**																										
Fruit Smoothie 32573 Strawberry **15.2g**																										
Fruit Smoothie 32572 Mango & Orange **15.2g**																										
All Day Breakfast 35.24g	■													■						■			■		■	
Baked Beans 28758																										
Omelette 32302																				■			■			
Sausage Pork & Beef 3566	■													■											■	
Hash Browns 113680																										
Hash Browns 149258	O																								O	
Tomatoes 6437																										
Vegetarian Breakfast 34.65g	O																			■			■		O	
Baked Beans 28758																										
Omelette 32302																				■			■			
Hash Browns 113680																										
Hash Browns 149258	O																			O					O	
Meatless Sausages129633																										
Tomatoes 6437																										
Beef Grill in a Bun 28.28g	■															O									■	■
Beef burger 80% 3536	■																								■	■
Bun 5222	■															O									■	
Ketchup 149964																										
Sweetcorn																										

Dishes and Their Allergen Content - Week2

■ Contains

O May Contain

	Wheat	Rye	Oats	Barley	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Hazelnuts	Cashew Nuts	Brazil Nuts	Almonds	Nuts	Sulphur Dioxide & Sulphites	Soya	Sesame	Peanuts	Mustard	Molluscs	Milk	Lupin	Fish	Eggs	Crustaceans	Cereals Containing Gluten	Celery
Meatballs 117653 **5.88g**														■	■											
Meatballs 54392 **6.84g**														■											■	
Garlic Bread 32000 **7.92g**	■														O					O					■	
Carrots																										
Jacket Potatoes **43.25g**																										
Tuna Mayo																						■				
Cheese																				■						
Baked Beans 28758																										
Baguette 32391 **34.3g**	■															O									■	
Bun 5222 **26g**	■															O									■	
Wrap 4381	■																								■	
Bread Greggs	■														■										■	
Iced Sponge Cake **30.67g**	■													■						■			■		■	
Baking Powder 35023	■																								■	
Cooking & Baking 129273																										
Jam 33739														■												
Free Range Eggs																							■			
Sugar 114961, Icing Sugar 350101																									■	
Self Raising Flour 350092	■																									
UHT Semi Skimmed Milk 19665																				■						
Vanilla Flavouring 86874																										
Fruit																										
Yogurt 103655 **0.1g**																				■						